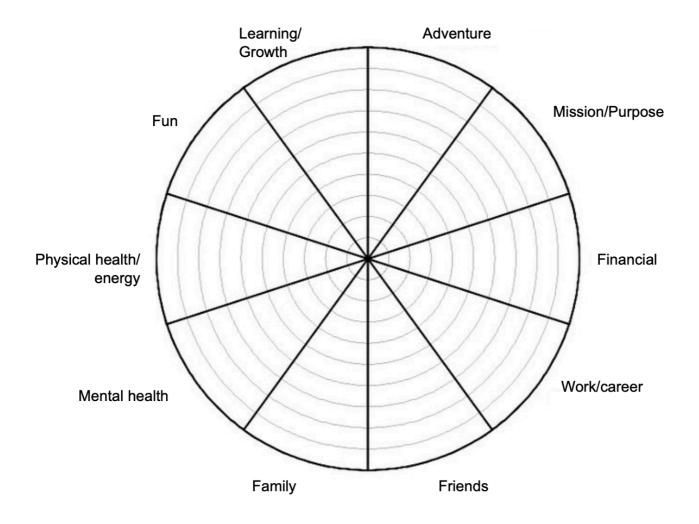
Your life wheel

Rate yourself honestly on a scale of 1-10





Don't fill this out before the meeting, but have a think about the different areas.

Category	What would make this the best year ever?	Priority
Physical health		
Physical health		
Physical health		
Mental health		
Mental health		
Mental health		
Family		
Friends		
Work/career		



Category	What would make this the best year ever?	Priority
Financial		
Financial		
Financial		
Mission/purpose		
Mission/purpose		
Mission/purpose		
Adventure		
Learning/growth		
Fun		



2024 year goal. Write in the future, put a date to it and make it emotional	Why is this goal important to you?	What's the current truth about the situation?	Available resources/people to help you